Restroom Cleaning and Sanitation Procedures Module

Restrooms

A. Materials Requirement Planning (MRP)
   a. Clean rags
   b. Mop buckets and wringers
   c. Cotton wet mops and handles
   d. Dust mop and dustpan
   e. “Wet Floor” signs
   f. Trigger spray bottles
   g. Toilet bowl swabs
   h. Waste receptacle liners
   i. Gloves, goggles and appropriate shoes
   j. Products
      1) Disinfectant cleaner
      2) Toilet bowl cleaner
      3) Hand soap
      4) Creme cleanser
      5) Glass cleaner
      6) Paper towels and tissue paper
      7) Porcelain & metal cleaner
      8) Drain maintainer
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Restrooms

A. Obtain Supplies
   1) Prepare all equipment and supplies required
   2) Proceed to cleaning destination.

B. Prepare area properly
   1) Knock on door and announce your intention to enter. If restroom is occupied, wait until it is empty. When empty, enter.
   2) Immediately post “Restroom Closed” sign.
   3) Wear proper clothing.
   4) Prop door open with doorknob.

C. Toilet bowls and urinals
   1) Remove all urinal screens and blocks from respective receptacles and flush before cleaning.
   2) Evacuate water from bowl. Using a bowl mop, press water over the trap.
   3) Apply toilet bowl cleaner and disinfectant to toilet and urinal interiors only. Allow disinfectant cleaner to stand at least 10 minutes while other cleaning tasks are completed.

D. Dust all areas – high to low
   1) Clean all dust from ceiling fans and vents, utilizing appropriate dusting tool.
   2) Dust tops of doors and stall partitions.
   3) Sweep floor, remove all loose trash, and empty into waste receptacles.
   4) Use a putty knife to remove gum from floors and partitions.

E. Wet cleaning
   1) Clean all light fixtures, mirrors, and glass surfaces with glass cleaner.
   2) Wipe all partitions, tops and bottoms of doors, doorknobs, receptacles, and dispensers with disinfectant solution.
   3) Spot clean all other above-ground surfaces with disinfectant solution.

F. Clean wash basins
   1) For most effective cleaning, use creme cleanser, mild phosphoric acid solution or disinfectant solution.
   2) Clean interior of sink, allowing disinfectant solution a full ten minutes of contact time for efficacy.
      HINT: High foaming cleaners will make cleaning and contact time easier.
   3) Spot clean exterior surfaces, faucets, pipes and under basins. Wipe all metal surfaces dry.
   4) Check operation of faucets and drains.
   5) Treat drains with bacterial digestant/deodorant.

G. Clean toilet bowls and urinals – inside
   1) If required, add an additional ounce of toilet bowl cleaner and disinfectant to bowl mop prior to cleaning.
   2) Clean the rim and waterline areas carefully and move into the exposed trap area.
   3) Check under rim for missed mineral deposits and rust stains with lip light.
   4) HINT: Acid bowl cleaners are required for mineral deposits and rust. Routine cleaning can include non-acid cleaners.
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Restrooms (continued)

H. Clean toilet bowls and urinals – outside
   1) Spray outside and bottom surfaces with non-acid solution and wipe.
   2) Wipe toilet seat with non-acid disinfectant solution.

I. Clean and empty all waste receptacles
   1) Remove can liners from receptacles, wash the interiors and exteriors with disinfectant solution, and replace can liner.
   2) Empty and clean sanitary napkin receptacles with disinfectant solution. Replace liner to comply with OSHA Bloodborne Pathogen Standards.
   3) Never use your hand to press trash overflow down and into the waste receptacle.

J. Replenish all supplies
   1) Refill hand soaps, toilet tissue, towels, deodorizers, and sanitary napkin dispensers.
   2) If restroom has condom dispensers or other ancillary dispensers, make sure that these are refilled.
   3) Check operation of all dispensers and report malfunctions properly.
   4) Check urinal screens, deodorant blocks, and gel/mist deodorants.

K. Damp mop
   1) Clear area of supply cart and equipment.
   2) Start in the area farthest from the door and work towards the door.
      a. Make sure to mop with fresh, clean mop water.
      b. HINT: Using a Neutral pH Disinfectant Cleaner can provide effective bacteria elimination with odor counteraction.
      c. A mild acidulous tile cleaner may be required for grout lines on quarry tile floors.
   3) Place mop in solution and wring out, leaving mop damp. When mopping floor area around toilets and urinals, mop thoroughly and wring out often. Change solution when necessary.

L. Odor counteraction
   1) Spray bacteria-based odor counteractants liberally around toilets and urinals and let air dry.
   2) Pour four ounces into each floor drain before leaving the area.
   3) HINT: Saturating a paper towel with bacterial digestant deodorant and placing into waste receptacle will aid in counteracting odors long after you have left the restroom.
Restroom Sanitation Procedures

Wall Washing

A. Materials Requirement Planning (MRP)
   a. Wall Wash Tool
   b. Wall Wash Head
   c. Mop Bucket & Wringer
   d. Wall Wash Cleaning Solution
   e. Rinse Water
   f. Personal Protective Equipment
   g. Safety Signs

B. Steps to Wall Washing
   1) Obtain proper equipment. Include proper safety garb as standard equipment.
   2) Prepare approved germicidal cleaner to appropriate dilution while wearing personal protective equipment (PPE).
   3) Post “Caution” signs.
   4) Clear area to be cleaned of furniture, equipment and wall hangings.
   5) Grossly soiled areas may require a stronger spot-type cleaner prior to wall washing.
   6) Immerse wall washing tool into germicidal cleaner bucket.
   7) Wring wall washing tool into germicidal cleaner wringer.
   8) Clean an area not wider than your arm-span (including tool) beginning at the bottom of the wall, overlapping previous pass.
      a. Change to fresh solution at least once per room
      b. Change wall wash head at least once per room
      c. If rinsing is required, rinse from the top down
   9) Replace all furnishings to original positions.
   10) Replace all chemicals and equipment to appropriate storage areas.
      a. Refill any chemicals required
      b. Clean all equipment
      c. Send wall wash heads to laundry
      d. If wall washing heads and/or safety garb were subjected to patient isolation rooms or OPIM's, dispose of them properly.

Maids' Carts

** Steps to Maid Cart sanitation
   1) Keep the shelves clean by wiping them clean at least once a week.
   2) See that the entire cart is cleaned with disinfectant detergent solution at least once a week.
   3) Keep the casters running freely by applying a drop of oil to each caster.
   4) Keep the cart neatly stocked with all supplies and equipment for the next shift.